



# Annual Review

2016-17



soundLincs

# Introduction

This is my first Annual Review as the Chair of soundLINCS and I trust that you will be as impressed and stimulated as I am with the content. 2016/17 was a great year for the Company as we continued our important work with children and young people, many in challenging circumstances, and expanded our reach to the older adult population through the **New Tricks** initiative.

Across the range of musical activities undertaken within soundLINCS' programmes sits a small but totally dedicated head office staff based in Lincoln who are complemented by over 40 highly skilled Music Facilitators across the region who deliver the content.

Here at soundLINCS we are immensely proud of the service that we provide to the community using music as a powerful tool to inspire, stimulate, educate and encourage participation, communication and comfort. I commend this Review to you and hope that you enjoy a brief tour through our work.

## Glenn Tinsley, Chair

Welcome to soundLINCS' Annual Review 2016/17, a chance to reflect on 12 months of projects, partnerships, activity and achievements. It gives an overview of the sheer depth and breadth of the work we do and hopefully will leave you wanting to visit our website to find out more!

This was a year of exciting new opportunities. Our **New Tricks** older adult music service, launching our **Early Years First Notes App** and **SEND Toolkit**, ensuring the continuation of the much loved **MUSIC:LINK** while developing and expanding our existing inclusivity work with young people around the region.

Our academic work has also continued to progress with several universities across the country, working together to create invaluable resources to share good musical practice and information worldwide.

It has also been a great year for spreading the word about soundLINCS and opening discussions with partners and individuals.

With this in mind, we thought the most powerful way to summarise soundLINCS' 18th year was through the words of those who engage with us; participants, parents, practitioners and partners. I hope you enjoy the snapshot of soundLINCS' year that they provide.

## Nikki-Kate Heyes MBE, CEO

# Year in Numbers

**3,772**  
Total Participants

**Over 750**  
Sessions Delivered

**102**  
Music Tracks Created

**Employing 43**  
Music Facilitators

**Over 40**  
Conference Presentations

**319,381**  
People Reached Online



# Adults

## New Tricks

*"At a point when I was considering selling my sax, it's been marvellous and has rejuvenated my enthusiasm to get out to play with others."*

New Tricks Participant

This year soundLINC'S launched **New Tricks** Older Adults Music Service across Lincolnshire. **New Tricks** is an exciting and inclusive programme, facilitated by soundLINC'S to establish, grow and sustain groups for over 50s. It is funded by Arts Council England and the Postcode Community Trust.

**New  
Tricks**

*"Having played since the 60s, I decided to retire my bass 15 years ago. New Tricks has made me get it out and it's lovely to meet with a group and play in a no pressure environment."*

New Tricks Participant

2016/17 has seen over ten different taster groups set up for participants to engage with new musical techniques, develop skills, and meet like-minded people who love music.

Groups have included folk, rhythm and blues, handbells, drumming, and many more.

*"These sessions have been great. I have a short term memory problem as a result of my stroke - this has been great at helping me build up my techniques again."*

New Tricks Participant

## And...

The **Nettleham and Grantham Orchestral Workshops** entered their 9th and 19th years respectively, and soundLINC'S continued supporting **Grantham U3A Ukulele** group, who were featured on BBC Radio Lincolnshire earlier in the year.

*"It's been a great help to me, and I've been welcomed into the group. It gives me a lot of pleasure and I feel much better going about."*

Grantham U3A Ukulele Member

*"I thoroughly enjoy this every week and I feel I'm improving more in the past few months than in the previous 12 years. You couldn't keep me away from this if you tried!"*

New Tricks Participant



# Children and Young People

## Alternative Curriculum

*"We've never seen the students so engaged and settled within a session. The change has been fantastic and they love the sessions."*

Head of Centre, Springwell Academy

In November soundLINC'S began working in five Lincolnshire settings within **Springwell Academy**; education establishments for excluded young people.

The project has improved group work, collaboration and developed musical skills, with several young people achieving their **Discover Arts Award**.

## Making Noise

*"My son was immersed in music, supported by skilled musicians and yet not required to conform to a rigid structure. Watching him grow in that environment was a wonderful experience and a great privilege."*

Making Noise Parent

soundLINC'S' Making Noise workshops for children and young people with disabilities and sensory impairments and their families continued in five locations across Lincolnshire. The **Making Noise Festival**, our online sharing platform celebrates the achievements and creativity of young people.

## Download

*"I loved doing the music. It made the lessons fun and exciting and it was great to get the opportunity to make my own music."*

Download Participant

**Download**, part of Lincolnshire Music Education Hub's Mashup programme, has worked with almost 250 pupils across 10 settings in the last year.

It explores a wide range of digital technologies and processes to create original music tracks with one class over the course of six weeks.

## Moving On...

*"It's helped me to communicate with people better and find something that I'm confident doing. I've always liked singing but never been comfortable to do it in front of people until this project started."*

Moving On Holbeach Participant

*"It was great fun and a completely new experience to take part in for us all. It was brilliant as an interactive group activity and I've made a lot of new friends during the session."*

Junk Sculpture Participant



*"Thank you for all of the joy you have given us and our families. We really appreciate all of the effort you have put in ... we love the fact that you have put something in place that has given something extra to the care we already provide."*

Terry Vine, Chief Matron, ULHT

## soundLINCS FundC

As a Youth Music key strategic organisation, soundLINCS have continued delivering and developing our exciting FundC programme, one of only 13 organisations nationally running the project. It is a three year project of music workshops, training, advocacy and research focusing on our 'Inquiring Minds Process®' across five diverse strands.

### Project Y Nott

*"I've created some great tracks during the project and am really happy with my progress, it's further convinced me to pursue the path to becoming a professional musician."*

Participant, Project Y Nott

Music provision provided to almost 500 young people within the Youth Justice system through group sessions and 1-2-1s, with almost 40 original tracks created.

### soundWELL

*"Your enthusiasm for the project has been amazing and I'd like to say thank you so much for providing something new, fresh and exciting to keep the children engaged."*

Carol Gannon, Ward Sister, Lincoln County Hospital

Over 250 children and young people have participated in music activities while being treated on the Wards at Lincoln County Hospital, from rocking the rainforest to musical story-telling.

### Fusion

*"The highlight is watching the young people working together; engaging with each other well and achieving something new that they can share."*

Dave Eggleston, Adoption Support Worker

Sessions held to encourage music opportunities, allowing young people a creative platform to share their views and bring to life their music making goals. Practitioner training sessions also ran sharing how to use music to support children and young people.

### Groove and Grow

*"The sessions have really fed my enthusiasm for music and have helped me build up the confidence to create a lot of musical interaction and activities at home."*

Participant, Groove and Grow

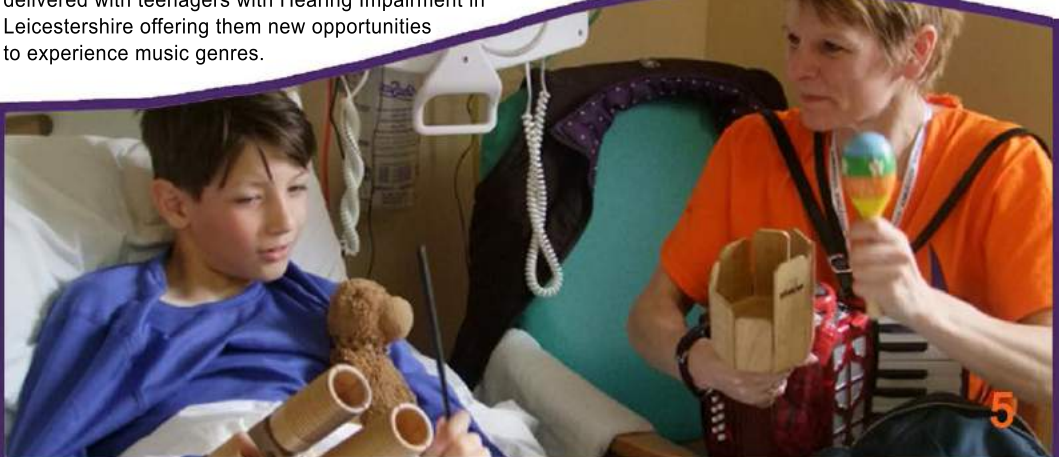
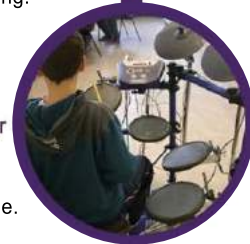
Developed further within a new partnership with ASRA Housing Association and Family Plus working with young parents in challenging circumstances.

### Good Vibrations

*"It was a fun session and the chance to conduct the group was brilliant. It reinforced to me that I shouldn't allow my hearing to be a barrier to activities I want to do."*

Good Vibrations Participant

Toolkit of activities and resources developed and projects delivered with teenagers with Hearing Impairment in Leicestershire offering them new opportunities to experience music genres.



# Information and Sharing Practice

## First Notes App

*"We're really enjoying the First Notes app. I've had a little experience doing music before and loved it but I wanted to give more structure to the programme and connect with EYFS themes which is one reason this App is so great!"*

Richard, Early Years Practitioner

This year soundLINCS launched **First Notes** a free music resource app for use in Early Years settings or by parents and carers at home. The App links with the areas of learning and development that are covered by the Early Years Foundation Stage and contains over 60 unique musical activities.



## SEND Toolkit

*"It's great to see organisations active in championing equality in music education for SEND young people. This toolkit is a great way of sharing necessary practice."*

Kim Perkins, Music Making Sense

soundLINCS launched their new **SEND Toolkit, Valuing Music in Special Needs Settings** at the ISME Conference in Edinburgh. The toolkit is a result of practitioner-led research exploring music making and singing approaches for whole class teaching and group work in SEND schools.



## soundEMission

*"It remains a valuable and excellent resource. I always look through in great detail because it has such a depth of information about the sector."*

soundEMission Subscriber

Our free monthly e-information service for people involved in music development and education, filled with over 70 links to research, jobs, headlines, workshops and funding opportunities every month.



## MUSIC:LINK

*"We're delighted soundLINCS has saved MUSIC:LINK, securing this valuable service and committing to help it grow and thrive in the future."*

Keith Jobling, Outgoing M:L Chair

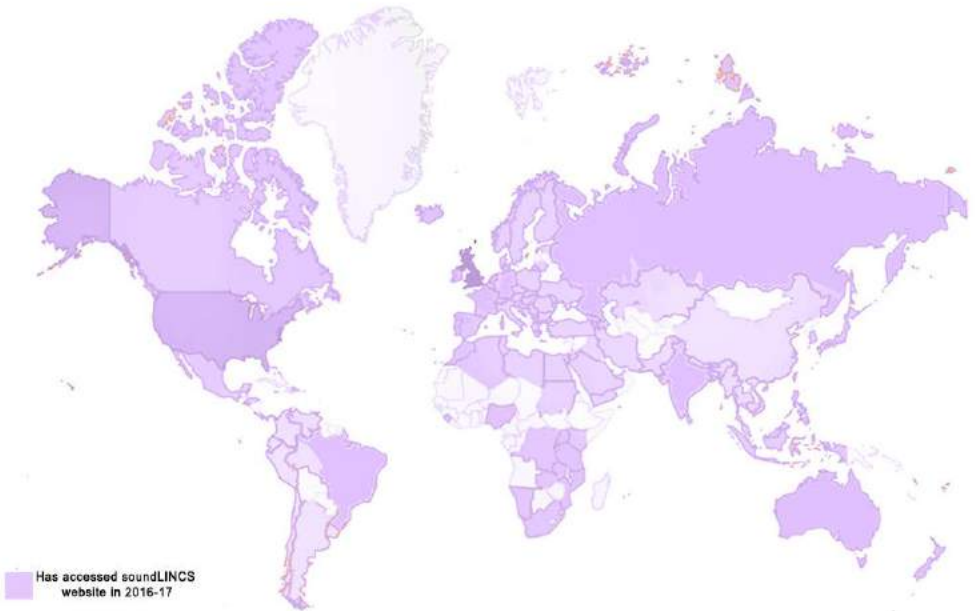
Facing closure after 30 years, soundLINCS took over the running of **MUSIC:LINK**. The music information service for the East Midlands, it provides hundreds of groups, organisations, musicians and individuals with monthly diaries and an annual directory to make music more accessible across the region.



*"soundLINCS' training has made me consider music in a different light. While we all have different tasks, we all seem to like music so by trying playlists or writing them together, I might be able to use music to change moods and better engage."*

Jo Preston, Lincolnshire County Council

# Reaching out...



In the last year, soundLINGS has reached people in an incredible 125 countries worldwide through our ever-expanding website, a series of regional, national and international conferences and monthly e-bulletin soundEmission.

## Spreading the Word...

During the year soundLINGS has presented at over 40 events and conferences across the UK. From international community music conferences and national expos on music education, to Lincolnshire's local healthwatch and SEND gatherings.

ISME 2016, Glasgow

Lincolnshire Music Education Conference

Sonophilia Conference

Music and Drama Education Expo, London

NYMAZ SEND Music Network Gathering

Curriculum Music Conference, London

Mus\_Ed 2017, Nottingham

Healthwatch Provider Meetings





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